## **Over-the-Counter Eligible Health Care Products**

Although over-the-counter (OTC) drugs and medicines require a prescription in order to be reimbursed by a flexible spending account (FSA), there are many other OTC health care products that are not a drug or medicine that do not require a prescription! That's right! Take a look at what you can get without a prescription!

## FSA☑ OTC PRODUCTS - NO PRESCRIPTION REQUIRED

Bandages, Band-Aids

Baby Care, Breast pumps, nose saline spray/drops, nasal aspirator, medicine dropper, ear syringe, etc.

Diabetic supplies, insulin, glucose monitor, testing strips, syringes, sharps containers, diabetic cases/coolers

Denture adhesives

Eye care, reading glasses, contact lens cleaners/storage kits, eye patches

Family planning, condoms, contraceptive creams, fertility monitors, ovulation prediction kits

First aid kits, first aid supplies

Glucosamine, arthritis formula

Hearing aids, batteries

Incontinence supplies, adult diapers, pads, absorbent underpads

Joint support bandages/braces, wrist, hand, neck, elbow, knee, ankle, etc.

Medic-alert bracelets or necklaces

Medical equipment and repair; crutches, canes, walkers, wheelchairs

Medical monitoring/testing devices, blood pressure monitors, blood glucose testing kits, cholesterol test kits, colorectal cancer test kits, etc.

Orthopedic and surgical supports, aqua casts, splints

Ostomy products, catheters

Sunscreen, SPF15 and higher

Pill holders, pill splitters

Prenatal vitamins

Vaporizers, humidifiers, thermometers

## Some things to remember -

**FSA** For product information, visit the FSA Store at <u>www.asiflex.com</u>. FSA Store has thousands of eligible products that do not require a prescription! Many drug stores also have online stores where you can shop for eligible FSA products.

**FSARx** OTC drugs and medicines are eligible with a prescription. This includes pain relievers, allergy/sinus medicines, antibiotic treatments, canker/cold sore medicines, cold/cough/flu remedies, laxatives, smoking cessation patches/gum, sleep aids, sedatives.

This information is provided as an overview only. Be sure to check your employer's specific plan provisions for any variances.



