## **Summer Internship Opportunities Workshop**

This workshop is hosted by California State University, Monterey Bay's (CSUMB) Sciences Internship Program (SIP) and is designed to help you find and apply to summer research opportunities. The activities below will aid you in developing your application for summer research/internship opportunities.

## **Activity Worksheet**

• Define what you want to get out of a research/internship experience – consider personal growth and discovery, and list specific knowledge, skills, and training you hope to gain.

List main keywords/disciplines for searching

• List attributes and experiences you may include in your personal statement

• Use the table below to plan your recommendation letter requests. Across the first row, list potential recommenders. Down the first column, list attributes you would like your recommenders to address. Within the table, add specific details or anecdotes you feel the recommenders could include in their letters that highlight those attributes (and remember to remind your writers of these details when you request your letters).

	Name:	Name:	Name:
Attributes			