

# Kinesiology: Wellness 2-Yr Transfer Pathway 2024-2025

This pathway assumes that students have completed 60 transferrable credits including Introductory Statistics and all CSU American Institutions and General Education requirements.

- *Not intended for students who have a Kinesiology AA-T or AS-T degree.*
- *Students who completed Human Anatomy with Lab and Human Physiology with Lab receive credit for KIN 370, KIN 370L, KIN 371, and 371L and will not need to retake at CSUMB.*
- *KIN students should see the KIN Academic Advisor to create a plan for their specific situation.*

Fall Junior Courses (14 units total)	Course or GE Title	Units	GE/Major
KIN 300	Major Pro-Seminar	1	Core
KIN 330	Physical Activity & Health	3	Wellness Core
KIN 303, 320, 340, 346, 350, 363, 366, 375, 450, 461, 469, 490, 492, or HDFS 350	Wellness Elective #1	3	Wellness Elect #1
KIN 370 & KIN 370L	Anatomy and Physiology I and Lab	4	UDB, Core
SPAN 340 or 350 or JAPN 340 or 350	Upper-Division Humanities/World Lang	3	UDC, WCL
Spring Junior Courses (16 units total)	Course or GE Title	Units	GE/Major
KIN 355	Ethics in Physical Activity and Health	3	GWAR, Core
KIN 450 (Fall, Spring) or KIN 490 (Spring Only)	Exercise Prescriptions for Special Populations OR Evolutionary Medicine	3	Wellness Core
KIN 371 & KIN 371L	Anatomy and Physiology II and Lab	4	Core
Course for minor, grad school, or elective	Minor or grad school prereq or elective	3	Elective
Any missing GE or CSU req, or free elective	GE/CSU requirement or elective	3	GE or Elective
Fall Senior Courses (16 units total)	Course or GE Title	Units	GE/Major
KIN 360 & KIN 360L	Nutritional Science with Lab	4	Core
KIN 471S	Kinesiology Service Learning	3	UDD, UDSL, ES, Core
KIN 350 or 366	Health Promotion Course	3	Wellness Core
KIN 390 (prereq = KIN 370+Lab)	Exercise Physiology	3	Core, UDB
Course for minor, grad school, or elective	Minor or grad school prereq or elective	3	Elective
Spring Senior Courses (14 units total)	Course or GE Title	Units	GE/Major
KIN 499	Capstone	2	Core
KIN 303, 320, 340, 346, 350, 363, 366, 375, 450, 461, 469, 490, 492, or HDFS 350	Wellness Elective #2	3	Wellness Elect #2
Course for minor, grad school, or elective	Minor or grad school prereq or elective	3	Elective
Course for minor, grad school, or elective	Minor or grad school prereq or elective	3	Elective
Course for minor, grad school, or elective	Minor or grad school prereq or elective	3	Elective
<b>Approximate Total Units for General Wellness Transfer Pathway</b>		<b>60</b>	