

Human Development and Family Science B.S. 4-Year Freshman Pathway 2024-2025

Fall Freshman Courses (15 units total)	Course or GE / UR Title	Units	GE/Major
FYS 148 or Any FYS Course	Schooling in the Public Imagination or any FYS course	3	FYS, C2 (or other GE)
HDFS 200	Introduction to Child Development	3	E, Major
HCOM 110	Fundamentals of Speaking and Listening	3	A1
LANG 101,102, 201, or SPAN 212	Language other than English	3	C2, WCL
CST 274, HCOM 243, 251, 265, or SBS 111 or 249	U.S. History (US 1)	3	US1 with D or F
Spring Freshman Courses (15 units total)	Course or GE Title	Units	GE/Major
Any DCSL Civics SL GE Course	Civics and Service Learning (US 2 & 3)	3	DCSL
HCOM 125 or CAD 102+90 or SBS 110	Written Communication GE course	3	A2
Any B1 Physical Science GE Course	Physical Science	3	B1
STAT 100 (+ STAT 10 if needed) or MATH 100	Quantitative Reasoning (+ Support course)	3	B4
Any C1 Arts Course	Arts, Music, Theater, Dance	3	C1
Fall Sophomore Courses (16 units total)	Course or GE Title	Units	GE/Major
ENVS 201 Any Life Science / Lab Course	Life Science and Lab course	4	B2, B3
HCOM 200 or HCOM 202	Critical Thinking GE	3	A3
Any DGSS Social Science GE or area F or elective	Social Science or Ethnic Studies GE	3	DGSS or F
Elective or course for minor or HDFS 110	Elective or course for minor	3	Elective
CHHS 350 or Any UDC GE Course	Professional Ethics	3	UDC
Spring Sophomore Courses (13 units total)	Course or GE Title	Units	GE/Major
HDFS 301	Advanced Reading / Writing in HDFS	3	GWAR, Major
HDFS 356 or 358 or 365 or 371	HDFS Phase Specific	3	Major
HDFS 341 or 342 or 344 or 353 or 355 or 377	HDFS Context Course	3	Major
Elective or Minor Course	Elective or Minor Course for 120 Units	4	Elective or Minor
Fall Junior Courses (15 units total)	Course or GE Title	Units	GE/Major
HDFS 302 (prereq HDFS 301)	Research Methods in HDFS	3	Major
HDFS 356 or 358 or 365 or 371	HDFS Phase Specific Course	3	Major
HDFS 341 or 342 or 344 or 353 or 355 or 377	HDFS Context Course	3	Major
BUS 350 or Any UDB GE Course	Financial Literacy	3	UDB
HDFS 321 or Any F / ES Ethnic Studies	Diverse Families or any F / ES	3	F / ES
Spring Junior Courses (15 units total)	Course or GE Title	Units	GE/Major
HDFS 303	Professional Development in HDFS	3	Major
HDFS 356 or 358 or 365 or 371	HDFS Phase Specific	3	Major
HDFS 310 or 315 or (321) or (321) or 340	HDFS Family Science Course (F / Ethnic Studies or UDD)	3	(F/ES or UDD) Major
HDFS 310 or 315 or (321) or (321) or 340	HDFS Family Science Course (F / Ethnic Studies or UDD)	3	(F/ES or UDD) Major
Elective or Minor Course	Elective or Minor Course for 120 Units	4	Elective or Minor
Fall Senior Courses (15 units total)	Course or GE Title	Units	GE/Major
HDFS 380S	Service Learning in HDFS	2	Major, UDSL
HDFS 400A (prereq HDFS 302 & 303; coreq 380S)	Pre-Capstone	1	Major
PANM 422 or HDFS 382	Program Plann & Eval or Program Plan & Eval in HDFS	3	Major
Elective or Minor Course	Elective or Minor Course for 120 Units	4	Elective or Minor
Elective or Minor Course	Elective or Minor Course for 120 Units	4	Elective or Minor
Spring Senior Courses (16 units total)	Course or GE Title	Units	GE/Major
HDFS 400B	Capstone Seminar	3	Major
KIN 360 or KIN 363	Nutritional Science or Human Sexuality	3	Major
Elective or Minor Course	Elective or Minor Course for 120 Units	3	Elective or Minor
Elective or Minor Course	Elective or Minor Course for 120 Units	3	Elective or Minor
Elective or Minor Course	Elective or Minor Course for 120 Units	4	Elective or Minor
HDFS BS 4 Year Frosh Pathway		120	