Human Development & Family Science, BS

4-Year Pathway 2025/26 - 2029/30

Fall Freshman Courses Course Prefix and Number	Course Title Abbreviate Course Title	Units	Requirements Met
Any FYS course	First Year Seminar	3	GE Area 1C/FYS or GE Area 3B/FYS or GE Area 4A/FYS or GE Area 5B/FYS or GE Area 6/ FYS
Any GE 1A course	English Composition	3	GE 1A
Any GE Area 3B/ WCL course	Humanities/ World Culture and Language	3	GE Area 3B/ WCL
HDFS 200	Introduction to Child Development	3	GE Area 4A/Major
Elective		3	
Spring Freshman Courses Course Prefix and Number	Course Title Abbreviate Course Title	Units	Requirement Met GE/UR/Major
Any Area 1C course	Oral Communication	3	GE Area 1C
Any GE Area 2 course (STAT 100 recommended)	Mathematical Concepts and Quantitative Reasoning	3	GE Area 2
Any GE Area 5A: Physical Science Course/ GE Area 5C: Laboratory	Physical Science and Laboratory	3/1	GE Area 5A/ Area 5C
HCOM 243 or SSCI 249	Introduction to Ethnic Studies Native American Societies	3	GE Area 6/US1
Elective		3	
Fall Sophomore Courses	Course Title	Units	Requirement Met

Course Prefix and Number	Abbreviate Course Title		GE/UR/Major
Any GE 1B course	Critical Thinking	3	GE Area 1B
Any GE Area 3A Arts Course	Arts	3	GE Area 3A
Any GE 4B: Civics/SL Course	Civics and Service Learning (US 2 & 3)	3	GE Area 4B/US 2&3
Any GE Area 5B/ GE Area 5C (if not taken)	Biological Sciences courses and Laboratory	3/1	GE Area 5B/ GE Area 5C
Elective		3	
Spring Sophomore Courses Course Prefix and Number	Course Title Abbreviate Course Title	Units	Requirement Met GE/UR/Major
Any remaining Lower-Division GE if needed, or Elective	See Academic Advisor for recommendations	3	
Elective		3	
Fall Junior Courses Course Prefix and Number	Course Title Abbreviate Course Title	Units	Requirement Met GE/UR/Major
HDFS 301	Advanced Reading / Writing in HDFS	3	GWAR/Major
HDFS 356 or HDFS 358 or HDFS 365 or HDFS 371	Infancy and Early Childhood, or Middle Childhood, or Adolescence, or Adulthood and Aging	3	Major: Phase-specific (9 units needed)
HDFS 341 or HDFS 342 or HDFS 344 or HDFS 345 or HDFS 353 or HDFS 357	Various titles; see Catalog for course descriptions	3	Major: Development in Context (6 units needed) HDFS 353 meets GE Area UD4

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HDFS 307 or HDFS 310 or HDFS 315 or HDFS 321 or HDFS 322 or HDFS 340	Various titles; see Catalog for course descriptions	3	Major: Family Science (6 units needed) HDFS 321 meets GE Area UD4
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Elective		3	
Spring Junior Courses Course Prefix and Number	Course Title Abbreviate Course Title	Units	Requirement Met GE/UR/Major
HDFS 302	Research Methods in HDFS	3	Major
HDFS 303	Professional Development in HDFS	3	Major
HDFS 356 or HDFS 358 or HDFS 365 or HDFS 371	Infancy and Early Childhood, or Middle Childhood, or Adolescence, or Adulthood and Aging	3	Major: Phase-specific (9 units needed)
HDFS 341 or HDFS 342 or HDFS 344 or HDFS 345 or HDFS 353 or HDFS 357	Various titles; see Catalog for course descriptions	3	Major: Development in Context (6 units needed) HDFS 353 meets GE Area UD4
Any UD GE Area 2 or Any UD GE Area 5 Course	Any approved course; Various titles; see Catalog for course descriptions	3	UD GE Area UD2 or UD GE Area UD5
Fall Senior Courses Course Prefix and Number	Course Title Abbreviate Course Title	Units	Requirement Met GE/UR/Major
HDFS 380S	Service Learning in HDFS	2	UD Service Learning (UDSL)/Major
HDFS 400A	Pre-Capstone	1	Major
PANM 422 or HDFS 382	Program Plann & Eval or Program Plan & Eval in HDFS	3	Major

HDFS 356 or HDFS 358 or HDFS 365 or HDFS 371	Infancy and Early Childhood, or Middle Childhood, or Adolescence, or Adulthood and Aging	3	Major: Phase-specific (9 units needed)
Any UD GE Area 3 Course	Arts & Humanities Various titles; see Catalog for course descriptions	3	UD GE Area UD3
HDFS 307 or HDFS 310 or HDFS 315 or HDFS 321 or HDFS 322 or HDFS 340	Various titles; see Catalog for course descriptions	3	Major: Family Science (6 units needed) HDFS 321 meets GE Area UD4
Spring Senior Courses Course Prefix and Number	Course Title Abbreviate Course Title	Units	Requirement Met GE/UR/Major
HDFS 400B	Canatana Saminar		
	Capstone Seminar	3	Major
KIN 360 or KIN 363	Nutritional Science or Human Sexuality	3	Major Major, Interdisciplinary Health Science
	Nutritional Science or		Major, Interdisciplinary
KIN 363 Any UD GE Area 4 course, if	Nutritional Science or Human Sexuality Various titles; see Catalog	3	Major, Interdisciplinary Health Science