

CHHS B.S. Interdisciplinary 4-Year Pathway 2025-2026

| Fall Freshman Courses (15 units total) | Course or GE Title | Units | GE/Major |
|--|--|--------------|-----------------|
| FYS 1XX | First Year Seminar with any GE area | 3 | FYS |
| HCOM 110 | Fundamentals of Speaking & Listening | 3 | 1C |
| Any GE area 3A course | Arts GE course | 3 | 3A |
| Recommended: PH 207 or SW 205 or PANM 202 | Social & Behavioral Sciences GE | 3 | 4A |
| Free elective or minor or CAD 101A | Free elective or CAD 101A | 3 | Free elective |
| Spring Freshman Courses (15 units total) | Course or GE Title | Units | GE/Major |
| SPAN 101, ITAL 101, JAPN 101, ASL 101, Or Proficiency level | Beginning Lang other than English or Proficiency level | 3 | 3B/ WCL |
| HCOM 120, 125, SSCI 110, or CAD 101B | Reading and Writing course | 3 | 1A |
| MATH 100, STAT 100 (+ STAT 10 if needed) | Math Con and Quantitative Reasoning | 3 | 2 |
| Recommended: PH 207 or SW 205 or PANM 202 | Free elective | 3 | Free elective |
| Free elective or minor | Free elective | 3 | Free elective |
| Fall Sophomore Courses (15 units total) | Course or GE Title | Units | GE/Major |
| SL 210S, ED 212S, HCOM 260S, SSCI 212S | Social & Behavioral Sciences/Civics/SL GE course | 3 | 4B, US2&3 |
| HCOM 200, 202, ENSTU 130, SOC 120 | Critical Thinking GE | 3 | 1B |
| ENVS 201 | Intro Env Sci | 4 | 5B, 5C |
| HCOM 220, 224, 229, 243, 246, 247, SSCI 249, SPAN 260 | Ethnic Studies | 3 | 6 |
| Free elective or minor | Free elective | 2 | Free elective |
| Fall Sophomore Courses (15 units total) | Course or GE Title | Units | GE/Major |
| ENVS 282 or other Physical Science course | Physical Science GE course | 3 | 5A |
| CST 274, HCOM 243,265, SSCI 111,114, 249 | US History Requirement | 3 | US History US1 |
| CHHS 300 | Major Pro-Seminar | 3 | Major |
| CHHS 330 | Collab Leadership & Community Bldg. | 3 | Major |
| SW 310 | Principles of Social Work | 3 | Major |
| Fall Junior Courses (15 units total) | Course or GE Title | Units | GE/Major |
| CHHS 384 | Quant Anal of Survey Data | 3 | UD2, Major |
| PANM 312 | Intro Public Admin & Nonprofit Mgmt. | 3 | Major |
| PH 320 | Principles of Public Health | 3 | Major |
| CHHS 302 | Professional Communication | 3 | Major, GWAR |
| 1st Course from selected sub-area #1 | See catalog.csumb.edu for course list | 3 | Conc #1 |
| CHHS 396S | Junior Field Practicum Seminar SL | 3 | UDSL, major |
| CHHS 350 | Professional Ethics | 3 | UD3, Major |
| 1st Course from selected sub-area #2 | See catalog.csumb.edu for course list | 3 | Conc #2 |
| Free elective or course for minor | Free elective or course for minor | 3 | Free Elective |
| Free elective or course for minor | Free elective or course for minor | 3 | Free Elective |
| Fall Senior Courses (15 units total) | Course or GE Title | Units | GE/Major |
| CHHS 496A (411 co-req) | Senior Field Practicum Seminar A | 3 | Major |
| CHHS 411 (496A co-req) | Community-Engaged Research | 3 | Major |
| CHHS 450 | Intro Policy Analysis | 3 | UD4, Major |
| 2nd Course from selected sub-area #1 | See catalog.csumb.edu for course list | 3 | Conc #3 |
| Free elective or course for minor | Free elective or course for minor | 3 | Free Elective |
| Spring Senior Courses (15 units total) | Course or GE Title | Units | GE/Major |
| CHHS 496B (401 co-req) | Senior Field Practicum Seminar B | 3 | Major |
| CHHS 401 (496B co-req) | Senior Capstone Seminar | 3 | Major |
| 2nd Course from selected sub-area #2 | See catalog.csumb.edu for course list | 3 | Conc #4 |

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| Free elective or course for minor | Free elective or course for minor | 3 | Free Elective |
| Free elective or course for minor | Free elective or course for minor | 3 | Free Elective |
| | CHHS Interdisciplinary 4-Yr Pathway: | 120 | |

Students with an Interdisciplinary Concentration must complete both of the courses from two of the three following areas:

Area 1: Public Health

PH 407 Multicultural Health Education (3) *and* **PH 417** Global Women's Health and Social Issues (3)

Area 2: Public Administration and Nonprofit Management

CHHS 445 Principles of Grantsmanship (3) *and* **PANM 412** Public and Nonprofit Finance (3)

Area 3: Social Work

SW 405 Social Work Case Management (3) *and* **SW 425** Social Welfare Policy (3)