

Kinesiology: Wellness AS-T Transfer Pathway

This pathway assumes that students have completed an AS-T in Kinesiology or courses in Human Anatomy with Lab, Human Physiology with lab, and Introductory Statistics, and CSU American Institutions and General Education requirements. Students who transfer in more than 60 units would need to take fewer free electives to reach 120 units.

Fall Junior Courses (13 units total)	Course or GE Title	Units	GE/Major
KIN 300	Major Pro-Seminar	1	Core
KIN 330 (Fall only)	Physical Activity & Health	3	Concentration #1
KIN 450	Exercise Prescript. For Special Pop.	3	Concentration #2
KIN 390	Exercise Physiology	3	Core, UDB
SPAN 340 or 350 or JAPN 340 or 350	upper-division humanities/world lang	3	UDC, WCL
Spring Junior Courses (15 units total)	Course or GE Title	Units	GE/Major
KIN 355	Ethics in Physical Activity and Health	3	GWAR, Core
KIN 350 or 366	Health Promotion Course	3	Concentration #3
KIN 303,320,340,346,350,363/L,366,375,450,461,469,490,492,or HDFS 350	Wellness Elective #1	3	Wellness elect #1
Elective (or minor or grad school prereq)	Elective or minor or grad school prereq	3	Elective
Any missing GE or CSU req, or free elective	GE or CSU requirement, or elective	3	GE or elective
Fall Senior Courses (16 units total)	Course or GE Title	Units	GE/Major
KIN 360/L	Nutritional Science and Lab	4	Core
KIN 471S	Kinesiology Service Learning	3	Core,UDSL,UDD,ES
KIN 303,320,340,346,350,363/L,366,375,450,461,469,490,492,or HDFS 350	Wellness Elective #2	3	Wellness elect #2
Elective (or minor or grad school prereq)	Elective or minor or grad school prereq	3	Elective
Elective (or minor or grad school prereq)	Elective or minor or grad school prereq	3	Elective
Spring Senior Courses (16 units total)	Course or GE Title	Units	GE/Major
KIN 499	Capstone	2	Core
Elective (or minor or grad school prereq)	Elective or minor or grad school prereq	3	Elective
Elective (or minor or grad school prereq)	Elective or minor or grad school prereq	3	Elective
Elective (or minor or grad school prereq)	Elective or minor or grad school prereq	4	Elective
Elective (or minor or grad school prereq)	Elective or minor or grad school prereq	4	Elective
Total Wellness AS-T transfer path		60	