

Kinesiology: Exercise Science 2-Yr Transfer Pathway

This pathway assumes that students have completed 60 transferrable credits including Introductory Statistics and all CSU American Institutions and General Education requirements.

Fall Junior Courses (14 units total)	Course or GE Title	Units	GE/Major
KIN 300	Major Pro-Seminar	1	Core
KIN 310	Athletic Strength & Conditioning	3	Concentration
KIN 340	Personal Training	3	Concentration
KIN 370 and KIN 370L	Anatomy and Physiology I and Lab	4	Core, UDB
SPAN 340 or 350 or JAPN 340 or 350	upper-division humanities/world lang	3	UDC, WCL
Spring Junior Courses (16 units total)	Course or GE Title	Units	GE/Major
KIN 355	Ethics in Physical Activity and Health	3	GWAR, Core
KIN 450	Exercise Prescript. For Special Pop.	3	Concentration
KIN 371 and KIN 371L	Anatomy and Physiology II and Lab	4	Core, UDB
KIN 390	Exercise Physiology	3	Core, UDB
Any missing GE, CSU req, or free elective	GE or CSU requirement, or elective	3	GE or elective
Fall Senior Courses (16 units total)	Course or GE Title	Units	GE/Major
KIN 360/L	Nutritional Science and Lab	4	Core
KIN 430	Physiol & Biomechanics Aerobic Exercise	3	Concentration
Exercise Science elective	KIN 3xx or 4xx	3	Ex. Sci. elective
KIN 471S	Race, Gender, Class in the Digital World	3	Core, UDSL, UDD, ES
Elective (or minor or grad school prereq)	Elective or minor or grad school prereq	3	Elective
Spring Senior Courses (14 units total)	Course or GE Title	Units	GE/Major
KIN 440	Physiol & Biomech Anaerobic Exercise	3	Concentration
KIN 421L or KIN 375 or KIN 305	Exercise Sci Lab or Motor Behavior or Technique in Strength/Conditioning	3	Concentration
KIN 499	Capstone	2	Core
Elective (or minor or grad school prereq)	Elective or minor or grad school prereq	3	Elective
Elective (or minor or grad school prereq)	Elective or minor or grad school prereq	3	Elective
Total Exercise Sci Transfer Pathway		60	