

Promoting High Order Thought™



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About the Instructor – Dr. Barry Frew

Barry grew up in a small logging town in Oregon in the 50's and 60's. Joined the Navy and served 3 tours in Viet Nam. He was also on the primary recovery crew for the Apollo 11 moon landing. He served in uniform for 20 years after enlisting and was converted to commissioned officer status mid-career. He later served 18 more years in the Department of Defense as a civilian faculty member at the Naval Postgraduate School (NPS), in Monterey, California. He served in a variety of roles at the school including professor and Dean and was awarded academic tenure as well as many awards for teaching, innovation, and leadership during his two government careers.

In 1997, Barry founded and began directing the Center for Executive Education (CEE) at NPS. The Center provided boundary-expanding programs for the U.S. Navy and Department of Defense Flag officers (Generals and Admirals, and Senior Executive Service civilians.) Programs delivered by this Center rapidly built a large following and reputation within and external to the Navy. His programs have been credited for changing the culture of Navy leadership, changing the dialogue within the Navy, and expanding the awareness and perception regarding leaders' vision of future possibilities and outcomes. Hundreds of military executives have attended his courses and Barry has coached many of them. His entrepreneurial spirit and his innovative approach to executive education has been the focus of many articles, magazines and news periodicals including New York Lawyer, Chips, Naval Proceedings, and Fast Company.

Upon leaving his tenured faculty position at NPS in 2002, Barry founded and led Frew & Associates, an independent consulting firm. Frew & Associates designs and delivers custom and purpose built development programs for individuals, teams, and organizations. Development programs include deep learning sessions, coaching, mentoring, and consulting. These custom programs assist clients to gain sustainable high performance for both individuals and teams (large and small), be more effective change leaders, think more broadly and effectively, communicate more effectively, and learn more rapidly and more effectively. He currently has a robust coaching business, and continues to design and deliver deep learning events and consulting engagements for a broad range of clients and organizations interested in building sustainable high performance. This work has proven to be highly impactful for hundreds of people who are individual contributors, new and experienced supervisors, mid-level managers and leaders, and the most senior and most experienced leaders and teams.