

# Kinesiology BS

## Wellness Concentration

### Non Associates Transfer Pathway 2026-2027

This pathway is for students who have completed an AA-T in Kinesiology and have sent official degree verification to CSUMB. *KIN students should see the KIN Academic Advisor to create a plan for their specific situation.*

Fall Junior Courses	Course or GE Title	Units	GE/Major
KIN 300	Kinesiology Major Pro Seminar	3	Major
KIN 355	Ethics in Physical Activity and Health	3	Major/GWAR
KIN 390	Exercise Physiology	3	Major/UD5
KIN 330	Physical Activity and Health	3	Wellness Concentration
Course for minor/grad school prep/elective		3	Units Needed
Total Units		15	
Spring Junior Courses	Course or GE Title	Units	GE/Major
KIN 360	Nutrition Science	3	Major
KIN 360L	Nutrition Science Lab	1	Major
KIN 471S	Service Learning	3	Major/UD4
KIN 450 or 490	Exercise Prescription or Evolutionary Medicine	3	Wellness Concentration
KIN 421	Essentials of Exercise Science Lab	3	Major
Course for minor/grad school prep/elective		3	Units Needed
Total Units		16	
Fall Senior Courses	Course or GE Title	Units	GE/Major
KIN 350 or 366	Work Health Promotion or Health Behavior Promotion	3	Wellness Concentration
KIN 303, 320, 340, 346, 350, 363, 366, 375, 450, 461, 469, 490, 492, or HDFS 350	Wellness Electives	3	Wellness Concentration
KIN 375	Motor Behavior	3	Major
Course for minor/grad school prep/elective		3	Units Needed
Course for minor/grad school prep/elective		3	Units Needed
Total Units		15	
Spring Senior Courses	Course or GE Title	Units	GE/Major
KIN 499	Capstone	2	Major
KIN 303, 320, 340, 346, 350, 363, 366, 375, 450, 461, 469, 490, 492, or HDFS 350	Wellness Electives	3	Wellness Concentration
Any Approved UD3 Course (SPAN or JAPN 350 if World Culture & Language requirement needed)	Upper Division Arts/Humanities	3	UD3 (WCL if needed)
KIN 346	Psychology of Sport and Physical Activity	3	Major
Course for minor/grad school prep/elective		3	Units Needed
Total Units		14	
<b>Total Overall Units:</b>		<b>60</b>	