

Kinesiology BS

Wellness Concentration

Non Associates Transfer Pathway 2026-2027

This pathway assumes that students have completed 60 transferrable credits including Introductory Statistics and all CSU American Institutions and General Education requirements.

- *Not intended for students who have a Kinesiology AA-T or AS-T degree. Please see AA-T Pathway*
- *Students who completed Human Anatomy with Lab and Human Physiology with Lab receive credit for KIN 370, KIN 370L, KIN 371, and 371L and will not need to retake at CSUMB.*
- *KIN students should see the KIN Academic Advisor to create a plan for their specific situation.*

| Fall Junior Courses | Course or GE Title | Units | GE/Major |
|---|--|-----------|------------------------|
| KIN 300 | Kinesiology Major Pro Seminar | 3 | Major |
| KIN 370 | Anatomy and Physiology Part 1 | 3 | Major/UD5 |
| KIN 370L | Anatomy and Physiology Lab Part 1 | 1 | Major |
| KIN 355 | Ethics in Physical Activity and Health | 3 | Major/GWAR |
| KIN 330 | Physical Activity and Health | 3 | Wellness Concentration |
| Total Units | | 14 | |
| Spring Junior Courses | Course or GE Title | Units | GE/Major |
| KIN 371 | Anatomy and Physiology Part 2 | 3 | Major |
| KIN 371L | Anatomy and Physiology Lab Part 2 | 1 | Major |
| KIN 390 | Exercise Physiology | 3 | Major/UD5 |
| KIN 471S | Service Learning | 3 | Major/UD4 |
| KIN 450 or 490 | Exercise Prescription or Evolutionary Medicine | 3 | Wellness Concentration |
| Course for minor/grad school prep/elective | | 3 | Units Needed |
| Total Units | | 16 | |
| Fall Senior Courses | Course or GE Title | Units | GE/Major |
| KIN 360 | Nutrition Science | 3 | Major |
| KIN 360L | Nutrition Science Lab | 1 | Major |
| KIN 350 or 366 | Work Health Promotion or Health Behavior Promotion | 3 | Wellness Concentration |
| KIN 303, 320, 340, 346, 350, 363, 366, 375, 450, 461, 469, 490, 492, or HDFS 350 | Wellness Electives | 3 | Wellness Concentration |
| KIN 346 | Psychology of Sport and Physical Activity | 3 | Major |
| KIN 421 | Essentials of Exercise Science Lab | 3 | Major |
| Total Units | | 16 | |
| Spring Senior Courses | Course or GE Title | Units | GE/Major |
| KIN 499 | Capstone | 2 | Major |
| KIN 303, 320, 340, 346, 350, 363, 366, 375, 450, 461, 469, 490, 492, or HDFS 350 | Wellness Electives | 3 | Wellness Concentration |
| Any Approved UD3 Course (SPAN or JAPN 350 if World Culture & Language requirement needed) | Upper Division Arts/Humanities | 3 | UD3 (WCL if needed) |
| KIN 375 | Motor Behavior | 3 | Major |
| Course for minor/grad school prep/elective | | 3 | Units Needed |
| Total Units | | 14 | |
| Total Overall Units: | | 60 | |