

Human Development & Family Science, B.S.
AA-T in Child and Adolescent Development 2025/26 - 2026/27

Fall Junior Courses Course Prefix and Number	Course Title Abbreviate Course Title	Units	Requirement Met GE/UR/Major
HDFS 301	Advanced Reading & Writing in HDFS	3	GWAR/Major
HDFS 356 or HDFS 358 or HDFS 365 or HDFS 371	Infancy and Early Childhood, or Middle Childhood, or Adolescence, or Adulthood and Aging	3	Major: Phase-specific (9 units needed)
HDFS 341 or HDFS 342 or HDFS 344 or HDFS 345 or HDFS 353 or HDFS 355 or HDFS 377	Various titles; see Catalog for course descriptions	3	Major: Development in Context (6 units needed) HDFS 353 meets UD GE Area 4
HDFS 307 or HDFS 310 or HDFS 315 or HDFS 321 or HDFS 322 or HDFS 340	Various titles; see Catalog for course descriptions	3	Major: Family Science (6 units needed) HDFS 321 meets UD GE Area 4 HDFS 322 meets UD GE Area 6
Elective	Any course OR any other requirement not yet satisfied (see your Academic Advisor)	3	
Spring Junior Courses Course Prefix and Number	Course Title Abbreviate Course Title	Units	Requirement Met GE/UR/Major
HDFS 302	Research Methods in HDFS	3	Major
HDFS 303	Professional Development in HDFS	3	Major

HDFS 356 or HDFS 358 or HDFS 365 or HDFS 371	Various titles; see Catalog for course descriptions	3	Major: Phase-specific (9 units needed)
HDFS 341 or HDFS 342 or HDFS 344 or HDFS 345 or HDFS 353 or HDFS 355 or HDFS 377	Various titles; see Catalog for course descriptions	3	Major: Development in Context (6 units needed) HDFS 353 meets GE Area 4
Any UD GE Area 2 or Any UD GE Area 5 Course	Any approved course; see Catalog for options	3	UD GE Area UD2 or UD GE Area UD5
Fall Senior Courses Course Prefix and Number	Course Title Abbreviate Course Title	Units	Requirement Met GE/UR/Major
HDFS 380S	Service Learning in HDFS	2	UD Service Learning/Major
HDFS 400A	Pre-Capstone	1	Major
PANM 422 or HDFS 382	Program Plann & Eval Program Plan & Eval in HDFS	3	Major
HDFS 356 or HDFS 358 or HDFS 365 or HDFS 371	Infancy and Early Childhood, or Middle Childhood, or Adolescence, or Adulthood and Aging	3	Major: Phase-specific (9 units needed)
Any UD GE Area 3 Course/ WCL course (if needed)	Various titles; see Catalog for course descriptions	3	UD GE Area 3 &/or WCL (if needed)
HDFS 307 or HDFS 310 or HDFS 315 or HDFS 321 or HDFS 322 or HDFS 340	Various titles; see Catalog for course descriptions	3	Major: Family Science (6 units needed) HDFS 321 meets GE Area UD4 HDFS 322 meets GE Area 6

Spring Senior Courses Course Prefix and Number	Course Title Abbreviate Course Title	Units	Requirement Met GE/UR/Major
HDFS 400B	Capstone Seminar	3	Major
KIN 360 or KIN 363	Nutritional Science Human Sexuality	3	Major
Any UD GE Area 4 course, if not in major	Various titles; see Catalog for course descriptions	3	UD GE Area UD4
Elective	Or any other requirement not yet satisfied (see your Academic Advisor)	3	
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