

CHHS B.S. Interdisciplinary 4-Year Pathway 2025-2026

Fall Freshman Courses (15 units total)	Course or GE Title	Units	GE/Major
FYS 1XX	First Year Seminar with any GE area	3	FYS
HCOM 110	Fundamentals of Speaking & Listening	3	1C
Any GE area 3A course	Arts GE course	3	3A
Recommended: PH 207 or SW 205 or PANM 202	Social & Behavioral Sciences GE	3	4A
Free elective or minor or CAD 101A	Free elective or CAD 101A	3	Free elective
Spring Freshman Courses (15 units total)	Course or GE Title	Units	GE/Major
SPAN 101, ITAL 101, JAPN 101, ASL 101, Or Proficiency level	Beginning Lang other than English or Proficiency level	3	3B/ WCL
HCOM 120, 125, SSCI 110, or CAD 101B	Reading and Writing course	3	1A
MATH 100, STAT 100 (+ STAT 10 if needed)	Math Con and Quantitative Reasoning	3	2
Recommended: PH 207 or SW 205 or PANM 202	Free elective	3	Free elective
Free elective or minor	Free elective	3	Free elective
Fall Sophomore Courses (15 units total)	Course or GE Title	Units	GE/Major
SL 210S, ED 212S, HCOM 260S, SSCI 212S	Social & Behavioral Sciences/Civics/SL GE course	3	4B, US2&3
HCOM 200, 202, ENSTU 130, SOC 120	Critical Thinking GE	3	1B
ENVS 201	Intro Env Sci	4	5B, 5C
HCOM 220, 224, 229, 243, 246, 247, SSCI 249, SPAN 260	Ethnic Studies	3	6
Free elective or minor	Free elective	2	Free elective
Fall Sophomore Courses (15 units total)	Course or GE Title	Units	GE/Major
ENVS 282 or other Physical Science course	Physical Science GE course	3	5A
CST 274, HCOM 243,265, SSCI 111,114, 249	US History Requirement	3	US History US1
CHHS 300	Major Pro-Seminar	3	Major
CHHS 330	Collab Leadership & Community Bldg.	3	Major
SW 310	Principles of Social Work	3	Major
Fall Junior Courses (15 units total)	Course or GE Title	Units	GE/Major
CHHS 384	Quant Anal of Survey Data	3	UD2, Major
PANM 312	Intro Public Admin & Nonprofit Mgmt.	3	Major
PH 320	Principles of Public Health	3	Major
CHHS 302	Professional Communication	3	Major, GWAR
1 st Course from selected sub-area #1	See catalog.csumb.edu for course list	3	Conc #1
Spring Junior Courses (15 units total)	Course or GE Title	Units	GE/Major
CHHS 396S	Junior Field Practicum Seminar SL	3	UDSL, major
CHHS 350	Professional Ethics	3	UD3, Major
1 st Course from selected sub-area #2	See catalog.csumb.edu for course list	3	Conc #2
Free elective or course for minor	Free elective or course for minor	3	Free Elective
Free elective or course for minor	Free elective or course for minor	3	Free Elective
Fall Senior Courses (15 units total)	Course or GE Title	Units	GE/Major
CHHS 496A (411 co-req)	Senior Field Practicum Seminar A	3	Major
CHHS 411 (496A co-req)	Community-Engaged Research	3	Major
CHHS 450	Intro Policy Analysis	3	UD4, Major
2 nd Course from selected sub-area #1	See catalog.csumb.edu for course list	3	Conc #3
Free elective or course for minor	Free elective or course for minor	3	Free Elective
Spring Senior Courses (15 units total)	Course or GE Title	Units	GE/Major
CHHS 496B (401 co-req)	Senior Field Practicum Seminar B	3	Major
CHHS 401 (496B co-req)	Senior Capstone Seminar	3	Major
2 nd Course from selected sub-area #2	See catalog.csumb.edu for course list	3	Conc #4

Free elective or course for minor	Free elective or course for minor	3	Free Elective
Free elective or course for minor	Free elective or course for minor	3	Free Elective
	CHHS Interdisciplinary 4-Yr Pathway:	120	

Students with an Interdisciplinary Concentration must complete both of the courses from two of the three following areas:

Area 1: Public Health

PH 407 Multicultural Health Education (3) *and* **PH 417** Global Women’s Health and Social Issues (3)

Area 2: Public Administration and Nonprofit Management

CHHS 445 Principles of Grantsmanship (3) *and* **PANM 412** Public and Nonprofit Finance (3)

Area 3: Social Work

SW 405 Social Work Case Management (3) *and* **SW 425** Social Welfare Policy (3)