

AA-T Kinesiology to B.S. Kinesiology: Exercise Science Concentration 2024-2025

This pathway is for students who have completed an AA-T in Kinesiology and have sent official degree verification to CSUMB. *KIN students should see the KIN Academic Advisor to create a plan for their specific situation.*

Fall Junior Courses (13 units)	Course or GE Title	Units	GE/Major
KIN 300	Major Pro-Seminar	1	Core
KIN 310	Athletic Strength & Conditioning	3	Exercise Science
KIN 340	Personal Training	3	Exercise Science
KIN 390	Exercise Physiology	3	UDB, Core
SPAN 340 or 350 or JAPN 340 or 350	Upper-Division Humanities/World Lang	3	UDC, WCL
Spring Junior Courses (16 units)	Course or GE Title	Units	GE/Major
KIN 355	Ethics in Physical Activity and Health	3	GWAR, Core
KIN 430	Physiology & Biomechanics Aerobic Exercise	3	Exercise Science
KIN 471S	Kinesiology Service Learning	3	UDD, UDSL, ES, Core
US History requirement <i>if CSU US History requirement not completed before transfer</i>	CSU American Institutions Requirement (US1) <i>if not completed before transfer</i>	3	US1 <i>if needed</i>
Course for minor, grad school, or elective	Minor or grad school prereq or elective	3	Elective
Fall Senior Courses (15 units)	Course or GE Title	Units	GE/Major
KIN 450	Exercise Prescriptions for Special Populations	3	Exercise Science
KIN 440	Physiology & Biomechanics Anaerobic Exercise	3	Exercise Science
KIN 421L <i>(alt options: KIN 303, KIN 305, KIN 375)</i>	Exercise Science Lab <i>or one of the listed alternative course options</i>	3	Exercise Science
Course for minor, grad school, or elective	Minor or grad school prereq or elective	3	Elective
Course for minor, grad school, or elective	Minor or grad school prereq or elective	3	Elective
Spring Senior Courses (15 units)	Course or GE Title	Units	GE/Major
KIN 360 & KIN 360L	Nutritional Science with Lab	4	Core
KIN 499	Capstone	2	Core
KIN 3## or 4##	KIN Elective <i>(any upper-division KIN course not already taken for major)</i>	3	Exercise Science Elective
Course for minor, grad school, or elective	Minor or grad school prereq or elective	3	Elective
SL 210S or other DCSL course <i>if CSU US&CA Government not completed before transfer</i>	CSU US & CA Government (US2&3) Requirement <i>if not completed before transfer</i>	3	US2&3 <i>if needed</i>
Approximate Total Units for Exercise Science AA-T Pathway		60	