

Kinesiology: Exercise Science 2-Yr Transfer Pathway 2024-2025

This pathway assumes that students have completed 60 transferrable credits including Introductory Statistics and all CSU American Institutions and General Education requirements.

- *Not intended for students who have a Kinesiology AA-T or AS-T degree. Please see AA-T Pathway*
- *Students who completed Human Anatomy with Lab and Human Physiology with Lab receive credit for KIN 370, KIN 370L, KIN 371, and 371L and will not need to retake at CSUMB.*
- *KIN students should see the KIN Academic Advisor to create a plan for their specific situation.*

Fall Junior Courses (14 units total)		Course or GE Title	Units	GE/Major
KIN 300		Major Pro-Seminar	1	Core
KIN 310		Athletic Strength & Conditioning	3	Exercise Science
KIN 355		Ethics in Physical Activity and Health	3	GWAR, Core
KIN 370 & KIN 370L		Anatomy and Physiology I and Lab	4	UDB, Core
SPAN 340 or 350 or JAPN 340 or 350		Upper-Division Humanities/World Lang	3	UDC, WCL
Spring Junior Courses (16 units total)		Course or GE Title	Units	GE/Major
KIN 340		Personal Training	3	Exercise Science
KIN 371 & KIN 371L		Anatomy and Physiology II and Lab	4	Core
KIN 390 (prereq = KIN 370+Lab)		Exercise Physiology	3	Core, UDB
KIN 3## or 4##		KIN Elective (any upper-division KIN course not already taken for major)	3	Exercise Science Elective
Course for minor, grad school, or elective		Minor or grad school prereq or elective	3	Elective
Fall Senior Courses (15 units total)		Course or GE Title	Units	GE/Major
KIN 471S		Kinesiology Service Learning	3	UDD, UDSL, ES, Core
KIN 430 (prereq = KIN 390)		Physiology & Biomechanics Aerobic Exercise	3	Exercise Science
KIN 450		Exercise Prescriptions for Special Populations	3	Exercise Science
KIN 421L (alt options: KIN 303, KIN 305, KIN 375)		Exercise Science Lab or one of the listed alternative course options	3	Exercise Science
US History requirement if CSU US History requirement not completed before transfer		CSU American Institutions Requirement (US1) if not completed before transfer	3	US1 if needed
Spring Senior Courses (14 units total)		Course or GE Title	Units	GE/Major
KIN 440 (prereq = KIN 390)		Physiology & Biomechanics Anaerobic Exercise	3	Exercise Science
KIN 360 & KIN 360L		Nutritional Science with Lab	4	Core
KIN 499		Capstone	2	Core
SL 210S or other DCSL course if CSU US&CA Government not completed before transfer		CSU US & CA Government (US2&3) Requirement if not completed before transfer	3	US2&3 if needed
Course for minor, grad school, or elective		Minor or grad school prereq or elective	3	Elective
Approximate Total Units for General Exercise Science Transfer Pathway			60	